## Fibroblast Pre-Procedure Instructions:

- On the day of the treatment please do not wear makeup on the area to be treated.
- You may take an anti-histamine 30 minutes prior to your appointment to help with swelling and continue to take anti-histamines for 2-3 days following your appointment.
- Skincare products with ingredients such as retinols, alpha-hydroxy acids (AHAs), tretinoin or any type of Vitamin A derivatives should be avoided.
- Stay out of the sun, tanning salons and refrain from using any self-tanning products for 3 weeks prior to treatment.
- Medical history and waiver forms must be completed and signed to ensure that you have understood the potential benefits and risks associated with the procedure.
- Photographs will be taken by the technician before and after treatment as well as at a later date for comparison for your file, and will only be used for promotional purposes with the patient's permission.