

Fibroblast Aftercare Instructions:

- Do Not scratch, scrub, or pick the area! This can lead to infection or scarring.
- Most people will experience a sensation similar to a sunburn for several hours following the procedure. If you feel particularly uncomfortable, anti-inflammatories such as Advil or anti-histamines such as Benadryl are suggested.
- The treated area will likely become swollen, especially around the more delicate area such as the eyes. Ice packs are recommended to soothe and help swelling.
- Exposure to the sun should be avoided and a minimum of SPF 30 must be used while skin is healing.
- It is strongly advised to use SPF 30-50 throughout the year to avoid sunburn as the area's sensitivity to sunlight may be heightened for up to 3-4 months post procedure.
- Keep the area clean. Twice daily carefully cleanse the areas using distilled or boiled water and a non-alcohol based cleanser and gently dab using a lint-free cloth.
- After cleansing, apply a healing ointment such as Neosporin.
- Regular moisturizing with either an all-natural moisturizer or hyaluronic acid is vital to replenish moisture and prevent the skin from becoming dry and peeling
- If at any time the treated area(s) become too hot, red or shows sign of pus, please contact us or your doctor for advice as you may be developing an infection.

For 12 Hours After Treatment:

- No Makeup

For 48 Hours After Treatment:

- No Sauna
- No Sunbeds
- No Sun Exposure
- No Botox, Collagen Injections or Dermal Fillers

For 1 Week After Treatment:

- No Swimming
- Do Not Use Anti-Aging Creams
- Do Not Use AHA's, Glycolic or Retinol
- Do Not Use Exfoliating Products